

Jump Start Your Creative Process workshop w/ Martha Wakefield  
Concord Art  
Thursday, February 16, 2023  
10 AM – 4 PM

Supply List - revised 1/26/23

**Viewfinder:** a precut mat cut in half again. See image at end of this list.

**Paper:** You will want at least 80 lb paper. (the paper's weight if too light may buckle under the paint and too heavy will be difficult to glue to a support.) I like this brand and paper quality for this exercise. A 9x12 inch pad is adequate size. We will use several sheets.

This one is no longer available:

<https://www.dickblick.com/items/bee-paper-co-mo-sketch-pad-9-x-12-30-sheets/>

**Instead try this sketchpad:** <https://www.dickblick.com/products/strathmore-400-series-smooth-surface-drawing-pads/?fromSearch=%2Fsearch%2F%3Fsearchword%3DBee%20paper%20como%20sketchpad>

**Support:** Cut 3-4 8x8 or 5x7 or 6x6 inches pieces of cardboard, matboard, or foam core for the support.

**Paint:** Titanium White and a Black acrylic paint. For the black paint: Ivory, lamp, carbon, or a mars black will be fine.

**Palette:** can be disposable palette paper pad or freezer paper taped to a support. Consider a palette at 16x20 size or slightly smaller.

<https://www.dickblick.com/products/blick-studio-disposable-palette-pads/?fromSearch=%2Fsearch%2F%3Fq%3DBlick%2520palette%2520paper>

**3 Brushes:** You will want 3 brushes of various sizes. For the first exercise I use a #12 round, #4 flat & very cheap ½" brush from the hardware store.

**Adhesive:** a glue stick or double stick tape (removeable) or Golden's Soft Gel\* or matte medium or favorite glue you have on hand. <https://www.dickblick.com/products/golden-soft-acrylic-gel-mediums/>

\*if you choose the soft gel/matte medium consider a **palette knife** to spread it.

**Drawing tools:** a wax crayon or caran d'ache crayon in black and white  
Charcoal pencil or graphite – any hardness  
India Ink (optional) with small twig or chopstick

**Other tools:**

- Paper towels
- Container of water
- Scissors

- A yard of string
- Brown paper bag – any size from lunch size to grocery store size

**Lastly:**

Please choose 3 different master artists' drawings (can be xeroxed or in a book). The master artists' can be of the past or contemporary. For my 3 artists I picked a drawing by Andrew Wyeth, Richard Diebenkorn and Eva Hesse.

**Very Optional:**

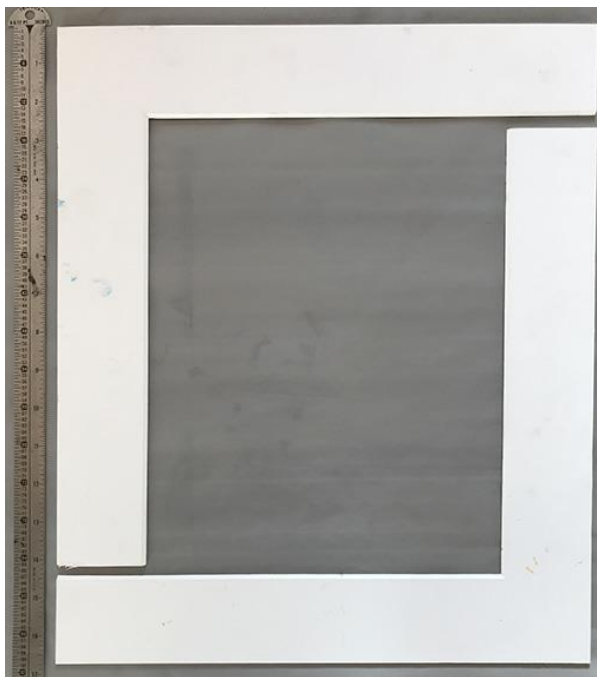
A few sheets of wax paper

2" brayer

<https://www.dickblick.com/products/speedball-soft-rubber-brayers/>

Any questions please email me at [marthawakefield514@gmail.com](mailto:marthawakefield514@gmail.com)

Viewfinder: Precut mat cut in half again



**Lunch:** We will take a break for lunch. Feel free to bring yours. There are places to also get lunch not far from Concord Art.