

IN PERSON: Shape + Form: Draw, Paint, Collage & Construct

Instructor: Nancy Gruskin

List of Supplies

Diary of Shapes: I will email everyone a few weeks prior to the start of the workshop to explain how to make a “diary of shapes,” which you will be making BEFORE the workshop begins. This is an easy, no-stress, no-wrong-way-to-do-it, exercise. You can easily make a diary from paper you already have (loose or in sketchbook or pad form) and any drawing or painting supplies you have on hand. If you want to get fancy, you could purchase a dedicated sketchbook for the project.

Collage Materials: Pretty much anything that can be glued down is fair game: found papers (e.g., wallpaper, newspaper, magazine pages, recycling); purchased papers (e.g., kids’ construction paper, Color-Aid paper, colored pastel paper, scrapbook paper); hand-painted or hand-printed papers; fabric, etc. If you are traveling to come to this workshop, I will have lots of colored construction paper on hand to use for collage.

Scissors: You’ll need one pair that is good for cutting paper and one pair that is good for cutting cardboard. For cardboard, I recommend [Fiskars PowerCut Softgrip Shears](#).

Glue: You’ll need glue for adhering paper to paper (e.g., Elmer’s glue, PVA adhesive, matte medium, YES! paste). For gluing cardboard to cardboard, a glue gun works well. Glue guns are inexpensive; \$10 to \$15 should buy you a great glue gun and extra glue sticks for it. The other option is to use masking tape.

Paint: As we will be doing some painting/cutting exercises and painting our cardboard constructions, you will need water-based paint. I recommend acrylics or acrylic gouache. You can bring whichever colors you like, but it

would be nice to have at least the primaries plus white. You should also bring brushes, a plastic container for water, and disposable palette paper.

Paper: Bring paper for making paintings (mixed media paper, watercolor paper, and bristol board all accept acrylic paint well). One pad is enough. A pad that is 11" x 14" or so is a nice happy medium for exercises, but if you'd like to go a little smaller or a little bigger, that's fine. I'm going to have some 18" x 24" paper on hand for one particular exercise.

Cardboard: Raid your recycling box for cardboard, particularly corrugated cardboard. The equivalent of 3 medium-size boxes should be more than enough. You can flatten them or break them down before the workshop. If you are traveling to come to this workshop, don't worry about lugging cardboard! I'll have plenty of extra on hand.