



The Bigger Picture/Loosening Up Lisa Daria Materials List and Vendors

Easel or ability to mount canvas on wall or table to work.

****Paint** - Recommended Brand - Liquitex Heavy Body Acrylic Colors - Alizarin Crimson Hue Permanent • Cadmium Red Medium (Cad free is fine) • Cadmium Yellow Light (Cad free is fine) • Cadmium Yellow Medium (Cad free is fine) • Phthalo blue (green shade) • Ultramarine Blue (green shade) • Titanium White • Quinacridone Magenta

**The above is a full range of cool and warm paints but I am going to demo using ONLY three paint colors plus white and Quinacridone Magenta. If you want to save \$\$\$ and try a limited palette along with me, which by the way is easier for a quick painting try this combo only Cad Red Med., Cad Yellow, Ultramarine, White, and Quinacridone Magenta

Sumi Ink - 6 ounces <https://www.dickblick.com/items/yasutomo-liquid-sumi-ink-6-oz-water-resistant/>

Golden Acrylic Retarder Medium - a must - this brand I find to be the best <http://www.dickblick.com/items/00628-0006/>

Black Sharpies Markers 2

Scissors and Packing or Duct Tape

Dowel - 1/2" thick - 2-3 feet or a **Mahl Stick** or **any type** of solid straight object that can be used as a long, sturdy handle, like a broom.

View Catcher - <http://www.dickblick.com/products/viewcatcher/?clickTracking=true>

Gray Scale Value Finder <https://www.dickblick.com/products/gray-scale-value-finder/?fromSearch=%2F-search%2F%3Fq%3Dgray%2520scale%2520slider>

Brushes - anything will do, but here are my recommendations - these are not necessary to purchase.

2 Winsor and Newton University Bright Long Handle size 8 brushes <http://www.dickblick.com/items/05393-1008/>

1 Winsor and Newton University Bright Long Handle #12 Series 237 - <http://www.dickblick.com/items/05393-1012/>

1 Two-inch house painting brushes from the hardware store - nothing fancy

Poly foam brushes - 1", 2" and 4" - two of each - available at hardware store

Old Gift Cards, pieces of cardboard, a painters edging tool - anything to slather paint on in big areas

Painting Surfaces Dura-Lar - Matte Film -, 25 sheet 11x14" one pad - Make sure you are buying MATTE, not transparent. <https://www.dickblick.com/items/55505-1005/>

18" X 24" OR 24" x 30" Stretched primed, canvases (I like the thick gallery stretched ones) - the ones from Michael's are fine, the size doesn't matter too much, as long as it is big. If you have masonite panels or other surfaces already, use those.

Newsprint Pad 18x24" smooth

Palette - I like disposable palettes - wax paper, parchment paper, what have you.

<http://www.dickblick.com/products/blick-studio-disposable-palette-pads/?clickTracking=true&wmcp=pla&wmcid=items&wmck-w=03063-2023&gclid=CJmbhNKwwcoCFdMYHwodj4JLQ>

Spray Bottle <http://www.dickblick.com/products/holbein-watercolor-atomizer-bottle/>

Paper Towels

Still Life Objects - Anything - you need to set up your own still life, think random - Flower, plants, vessels, objects, cloth, patterned items, cans, what have you. Objects from the recycling bin (seriously, anything!) I'll also provide photos to work from.

Magazine Cut-outs or Photos - a variety of subjects, interiors, fashion, what have you.

lisadariakennedy.com • lisadariakennedy@gmail.com